



2024 TERM 4 PROGRAM
7 OCT - 13 DEC



89-101 Oakgrove Dr, Narre Warren South, VIC 3805
9704 2781 | office@oakgrovecc.org.au | oakgrovecc.org.au

 [oakgrovecc.org](https://www.facebook.com/oakgrovecc.org)  [oakgrove3805](https://www.instagram.com/oakgrove3805)



01

MEMBERSHIP

All participants involved in the OCC run courses, programs or activities are required to be members of the Centre

Membership cost is \$6.00 per annum per Family.

02

ENROLMENTS

- In person
- By mail
- Payment can be taken over the phone
- EFTPOS available

03

SHORT COURSE FEE

Full course fee for programs or activities are due when enrolling.

04

CANCELLATIONS

The Centre may at times cancel a course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

05

REFUNDS

A full refund will be given if the centre is notified 5 working days prior to the commencement of the course.

Missed classes will not be considered for discount or refund.

06

CONTACT US

89-101 Oakgrove Dr, Narre Warren South, VIC 3805
(03) 9704 2781

office@oakgrovecc.org.au

MONDAY

7 OCT - 9 DEC

EVERYDAY ENGLISH

9.30am-2.30pm

Contact: Megan

coordinator@springvalelac.org.au

ADULT SEWING

9.30am-12.00pm

OCC Office: 9704 2781

ADULT CRAFT CAFE

9.30am-11.30am

OCC Office: 9704 2781

AMES AUSTRALIA

9.30am-2.30pm

Contact: Rakesh (03) 8558 8877

OKIE DOKIE DANCE

4.00pm-5.00pm(8-12yrs)

Contact: Naomie 0447 266 554

ART CLASSES WITH VIV

4.15pm-5.15pm(6-10yrs)

5.30pm-6.30pm(11-14yrs)

OCC Office: 9704 2781

IDEAL TUITION CENTRE

5.00pm-8.00pm

Contact: Sobha 0423 671 154

ravikallunkal12@gmail.com

KATHAK DANCE

6.30pm-8.30pm (1 hr session)

Contact: Shika 0450 228 954

TUESDAY

8 OCT - 10 DEC

GENTLE YOGA

8.00am-9.00am

OCC Office: 9704 2781

NATURE PLAYGROUP

9.30am-11.30am

OCC Office 9704 2781

LINE DANCING

9.30am-11.30am

OCC Office: 9704 2781

AMES AUSTRALIA

9.30am-2.30pm

Contact: Rakesh (03) 8558 8877

OKIE DOKIE DANCE

4.00pm-4.45pm(5-7yrs)

5.00pm-5.30pm(2-4yrs)

Contact: Naomie 0447 266 554

STEM BIRDS

5.00pm-6.00pm

Contact: Shalaka 0469 084 649

learn@stembirds.com.au

ZUMBA FITNESS

7.30pm-8.30pm

Contact: Nishi 0433 880 020

WEDNESDAY

9 OCT - 11 DEC

FACILITATED PLAYGROUP

9.30am-11.30am

OCC Office: 9704 2781

AMES AUSTRALIA

9.30am-2.30pm

Contact: Rakesh (03) 8558 8877

WOMEN'S WELLBEING GROUP

10.00am-12.00pm

OCC Office: 9704 2781

ADULT CRAFT CAFE

12.30pm-2.30pm

OCC Office: 9704 2781

FRENCH LANGUAGE CLASSES

5.30pm-6.30pm(7-10yrs)

OCC Office: 9704 2781

OKIE DOKIE DANCE

4.00pm-4.45pm(13-16ys)

4.45pm-5.30pm(Crew)

Contact: Naomie 0447 266 554

MARTIAL ARTS CLASSES

6.30pm-8.30pm

Contact: Reza 0411 872 797

THURSDAY

10 OCT - 12 DEC

ADVENTURE PLAY

10.00am-12.00pm (up-to 5 yrs)
OCC Office: 9704 2781

AMES AUSTRALIA

9.30am-2.30pm
Contact: Rakesh (03) 8558 8877

EVERYDAY ENGLISH

9.30am-12.30pm
Contact: Megan
coordintor@springvalelac.org.au

SAMOAN SENIORS GROUP

9.30am-2.30pm
Contact: Susie 0435 799 227

CHESS 6

6.00pm-7.00pm
Contact: Vineetha; 0430 666 727
vineetha.wijesuriya@gmail.com

SYNERGIA-MOVE WITH HARI

6.00pm-8.00pm (1 hr) (6+ yrs)
Contact: Hari 0406 515 950



FRIDAY

11 OCT - 13 DEC

MOBILITY FITNESS FOR WOMEN

9.00am-10.00am
OCC Office: 9704 2781

BOOMERANG BAGS SEWING GROUP

10.00am-12.00pm
OCC Office: 9704 2781

MUMS & BUBS PLAYGROUP

10.30am-12.30pm
OCC Office: 9704 2781

ADVANCED BELLY DANCE

11.00am-12.00pm
Contact: Melissa 0459 784 266

ADULT SEWING

12.30pm-3.00pm
OCC Office: 9704 2781

KIDS CRAFT CLUB

5.30pm -7.00pm
OCC Office: 9704 2781

WHEATFIELD ART

4.15pm-5.45pm
Contact: Joseph 0423 253 268
info@wheatfieldart.com

EDUCATION SUPPORT

5.00pm -7.00pm
OCC Office: 9704 2781

MARTIAL ARTS CLASSES

6.30pm-8.30pm
Contact: Reza 0411 872 797



SATURDAY & SUNDAY

12 OCT - 15 DEC

BAHAI'S CHILDREN'S CLASSES

10:00am-11:00am
Contact: Sarah
sarah.mehranfar@gmail.com

ARABIC SCHOOL

10.30am-1.30pm
Contact: Safa
safaa_saa@yahoo.com

IDEAL TUITION CENTRE

Sun, 1.00pm-4.00pm
Contact: Sobha 0423 671 154
ravikallunkal12@gmail.com

BHANGRA DANCE

Sun, 6.00pm-7.00pm
Contact: Jas 0404 340 000
jassandhu1437@gmail.com

VENUE HIRE @ OAKGROVE

Come, Celebrate with us!
OCC Office: 9704 2781
office@oakgrovecc.org.au



ART & CRAFT PROGRAMS

ART CLASSES WITH VIV

Our tutor Viv is excited to share her skills with children, nurturing their artistic talent.

Days: Monday (from 7 Oct)
Time: 4.15pm-5.15pm(6-10yrs)
5.30pm-6.30pm(11-14yrs)
Cost: \$150 for 10 classes (All materials included in the cost)
Contact: OCC Office, (03) 9704 2781



WHEATFIELD ART

Developing creative expression through visual arts.

Days: Friday (from 11 Oct)
Time: 4.15pm-5.45pm
Contact: Joseph; 0423 253 268
info@wheatfieldart.com



KIDS CRAFT CLUB

Explore a world of creativity! From the intricate art of paper quilling and the ancient tradition of origami to tactile joys of clay modelling and fabric crafts, there's something for everyone to enjoy.

Days: Friday (from 18 Oct)
Time: 5.30pm-7.00pm(8-12yrs)
Cost: \$15 Casual or \$110 for 8 weeks
Contact: OCC Office (03) 9704 2781

ADULT CRAFT CAFE

Grab a cuppa, meet other crafters and engage in mindful craft activities. Learn the art of upcycling using materials from home and explore exciting crafts with fabric, clay, beads, and more!

Days: Monday (from 14 Oct)
Time: 9.30am-11.30am
(18yrs & above)
Cost: \$70 (8 classes) or
\$10 per casual session
Contact: OCC Office (03) 9704 2781



CHILDREN & YOUTH PROGRAMS

IDEAL TUITION CENTRE

Tuition classes from Gr 1 to 12 (VCE), NAPLAN test Coaching (Gr 3, 5, 7 & 9), Scholarship Exams Coaching (Gr 5&6), Special Coaching for SEAL Program (Gr 5&6).

Days: Monday &
Sunday (from 7 Oct)
Time: 5.00pm-8.00pm &
2.00pm-5.00pm
Contact: Sobha 0423 671 154
ravikallunkal12@gmail.com

STEM BIRDS

An educational organisation specialising in coding and robotics classes. Provides a stimulating and engaging learning experience for children, fostering their passion for technology.

Days: Tuesday (from 8 Oct)
Time: 5.00pm-6.00pm
Contact: Shalaka 0469 084 649
learn@stembirds.com.au

CHESS 6

Great opportunity for children to learn Chess. Specially catered program to develop focus, thinking & problem-solving skills among children.

Days: Thursday (from 10 Oct)
Time: 6.00pm-7.00pm
Contact: Vineetha 0430 666 727
vineetha.wijesuriya@gmail.com

MARTIAL ARTS

The Casey Taekwondo Center provides a space for the youth of the community to learn self-defence, discipline, respect, and confidence. Perfect for young beginners and those looking to improve their skills.

Days: Wednesday & Friday
(from 9 Oct)
Time: 6.00pm-7.00pm
Contact: Reza 0411 872 797
poya_ahmadi2013@yahoo.com



EDUCATION SUPPORT

Maths & English classes from Prep to Grade 6.

Days: Friday (from 18 Oct)
Time: 5.00pm-7.00pm
Contact: OCC Office
(03) 9704 2781/Sara 0401 030 021
charukarthik2009@gmail.com

CULTURE & LANGUAGE PROGRAMS

FRENCH LANGUAGE CLASSES

Days: Wednesday (from 16 Oct)
Time: 5.30pm-6.30pm(7-10yrs)
Cost: \$200 per term
Contact: OCC Office (03) 9704 2781

ARABIC LANGUAGE SCHOOL

Days: Saturday
Time: 10.30am-1.30pm
Cost: Pls enquire as stated below
Contact: shattry@yahoo.com
safaa_saa@yahoo.com

BAHA'I CHILDREN'S CLASSES

The goal of spiritual education is to cultivate in children, spiritual qualities such as love, forgiveness and justice and to help them apply these qualities to their own lives and those around them.

Days: Sunday (from 13 Oct)
Time: 10.00am-11.00am
Age: 3-11 yrs
Contact: Sarah
sarah.mehranfar@gmail.com

HEALTH & WELLBEING PROGRAMS

GENTLE YOGA

The class is inclusive of strength training, flexibility training and power yoga along with relaxing techniques.

Days: Tuesday (from 8 Oct)
Time: 8.00am-9.00am
Cost: \$50 per 10 week term or \$7 per casual session
Contact: OCC Office, (03) 9704 2781



LINE DANCING

Come and enjoy some boot scooting fun with Meika. Great for beginners and experienced alike, no partner required..

Days: Tuesday (from 8 Oct)
Time: 9.30am-11.30am
Cost: \$5 per session
Contact: OCC Office, (03) 9704 2781



MOBILITY FITNESS FOR WOMEN

No excuse not to exercise, especially when you're in a safe space & trained by a qualified PT Deepa from Deeper Connections.

Days: Friday (from 11 Oct)
Time: 9.00am-10.00am
Cost: \$10 per casual session or \$80 for a 10 week term
Contact: OCC Office (03) 9704 2781



ZUMBA FITNESS

There are a lot of ways to lose weight, some are just more fun. Join the ultimate Dance-Fitness party that beats a boring old.

Days: Tuesday (from 8 Oct)
Time: 7.30pm-8.30pm
Cost: \$10 per casual session or \$90 for a 10 week term
Contact: Nishi 0433 880 020/
OCC Office (03) 9704 2781

PERFORMING ARTS

OKIE DOKIE DANCE

Hip-Hop dance sessions for both boys and girls (from 7 Oct).

Day/Time:

Monday - 4.00pm-5.00pm(8-12yrs)

Tuesday -5.00-5.30pm(2-4yrs)

Tuesday - 4.00pm-4.45pm(5-7yrs)

Wednesday-4.00pm-4.45pm(13-16yrs)

Wednesday - 5.30pm-6.15pm(Adults)

Contact: Naomie 0477 266 554



BELLY DANCING

Join Melissa and learn the art of Egyptian Belly Dance, suitable for those looking to exercise and strengthen their core muscles with gentle dance movement.

Days: Friday (from 11 Oct)

Time: 11.00am-12.00pm

Contact: Melissa 0459 784 266



TRADITIONAL EGYPTIAN
FOLKLORE AND
BELLYDANCE

SYNERGIA-MOVE WITH HARI

Join Hari to discover your rhythm and dance to Indian blockbusters.

Days: Thursday (from 10 Oct)

Time: 6.00pm-8.00pm(6yrs+)

Contact: Hari 0406 515 950

BHANGRA DANCE

Join Jas in these Bhangra dance classes for both Kids & Adults.

Days: Sunday (from 13 Oct)

Time: 6.00pm-8.00pm

Contact: Jas 0404 340 000

KATHAK DANCE

Known as Indian ballet, a classical dance form with beautiful expressions, hand gestures & intense footwork which makes it look magical.

Days: Monday (from 7 Oct)

Time: 6.30pm-8.00pm

Contact: Shikha 0450 228 954

PLAYGROUPS

NATURE PLAYGROUP

Connect kids to nature through fun activities and unstructured play.

Days: Tuesday (from 8 Oct)
Time: 9.30am-11.30am
Age: 1-5 yrs
Cost: \$90 per term (Discounts apply for more than 1 child)
Contact: OCC Office (03) 9704 2781



FACILITATED PLAYGROUP

The sessions are semi-structured with craft activities, songs, a story time segment and outdoor play.

Days: Wednesday (from 9 Oct)
Time: 9.30am-11.30am
Age: Up to 4 yrs old
Cost: \$90 per term (Discounts apply for more than 1 child)
Contact: OCC Office (03) 9704 2781



ADVENTURE PLAYGROUP

Incorporates intergenerational music, art and cultural play and brings together the young and young at heart.

Days: Thursday (from 10 Oct)
Time: 10.00am-12.00pm
Cost: \$5/session or \$45/term
Contact: OCC Office (03) 9704 2781



MUMS & BUBS PLAYGROUP

Get to connect with like minded mums from the locality while the kids get to benefit from the playgroup activities.

Days: Friday (from 11 Oct)
Time: 10.30am-12.30pm
Age: 0-3 yrs
Cost: \$6 per family, casual
\$50 per family per term
Contact: OCC Office (03) 9704 2781

SOCIAL & SUPPORT PROGRAMS



ADULT SEWING CLASSES (PRE-ACCREDITED)

Learn the basics or enhance your sewing skills while practicing your conversational English.

Days: Monday & Friday
(from 7 Oct)
Time: 9.30am-12.00pm &
12.30pm-3.00pm
Cost: \$20 per Term
Contact: OCC Office (03) 9704 2781

BOOMERANG BAGS SEWING GROUP

Connecting communities, making bags, diverting waste, starting conversations, fostering sustainable behaviour and having a bit of fun!

Days: Friday
(Fortnightly, from 18 Oct)
Time: 10.00am-12.00pm
Cost: FREE
Contact: OCC Office (03) 9704 2781

WOMEN'S WELLBEING GROUP

Connect, make friends and learn new skills. Find employment/entrepreneurship pathways and access necessary support services.

Days: Wednesday (from 9 Oct)
Time: 10.00am-12.00pm
Contact: OCC Office (03) 9704 2781



ENGLISH & CITIZENSHIP

Citizenship test preparation including Dari translation. The afternoon class covers conversational English, reading and writing.

Days: Monday & Thursday
(from 7 Oct)
Time: 9.30am-2.30pm
9.30am-12.00pm
Contact: Megan
coordinator@springvalelac.org.au



AMES AUSTRALIA

Training to assist job seekers with English as an Additional Language (EAL) curriculum to cater for the students' Language, Literacy and Numeracy needs.

Days: Monday /
Tuesday/Wednesday /
Thursday & Friday (from 7 Oct)
Time: 9.30am-2.30pm
Contact: Rakesh (03) 8558 8877

E V E N T S

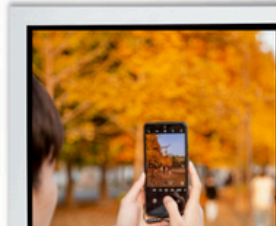
Get Online Week

a campaign by Good Things



Join us for an "Online week event" comprising of fun Trivia, exciting Photo Competition and Afternoon tea.

Date :
Wednesday,
16th October
Time : 10.00 AM
to 12.30 PM



GET ONLINE WEEK

Wednesday, 16 OCT

10.00am - 12.30pm

Join us for fun trivia and Photo competition. Exciting Prizes for winners of Trivia and Photo Competition.

Age group : 50+ Years

The session will teach how vital digital skills are to the well-being and safety of people and how to stay connected with family and friends, using a desktop, laptop and/or a digital device like a smartphone, how to access the Internet using WiFi. Light Refreshments will be provided.

SENIOR'S FUN DAY

Tuesday, 22 OCT

9.30am - 12.30pm

Join us for a day packed with fun activities while engaging in Health & Fitness, socialising with other people and making some new friends. The activities include Line Dancing, a light healthy lunch and intergenerational Music session by Hey Dee Ho.

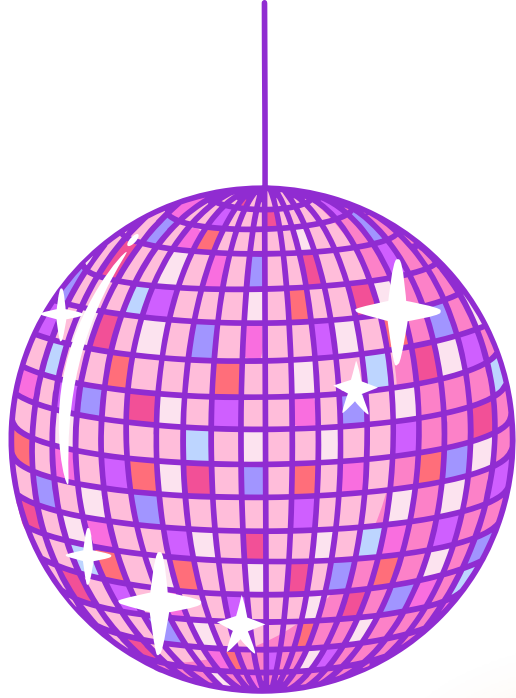
Age group : 50+ Years

Cost: \$4.00



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VENUE HIRE @ OAKGROVE

*celebrate
with us!*



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